

## *Fáilte - Welcome*

### *Breakfast times:*

*Monday – Friday: 8.00 a.m. to 09.30 a.m.*  
*Saturday, Sunday & Bank Holidays: 8.30 a.m. to 10.00 a.m.*

### *Menu*

*Please help yourself from the fresh fruit bowl and to a large selection of cereals and yoghurts from the sideboard*

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*Please choose 1 of the following options:*

*Porridge - freshly cooked organic porridge made to your liking,*

*Traditional Full Irish Breakfast – grilled bacon, free range egg of your choice, sausages, black/white pudding, grilled tomato*

*Scrambled free range eggs on toasted brown or white bread*

*Poached free range eggs on toasted brown or white bread*

*Boiled free range eggs*

*Choice of omelette, with ham, cheese, tomato or spring onion*

*Ham and cheese platter*

*Pancakes served with Maple Syrup*

*Baked Beans on toast*

### *Plus*

*A large selection of herbal teas,  
regular Irish breakfast tea,  
freshly brewed Lavazza coffee*

*and*

*our own home made brown bread*

*Specific dietary requirements can be catered for on request*

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*We hope you enjoy your stay with us.*

*Nuala & Fionán Clifford*